

Paul Gabor – Iliescu

**INTRO INTO THE 7 DIRECTIONS
OF HEALTH, HEALING AND ABUNDANCE
AND THE OMNILAYERS OF LIFE**



**FROM EXCRUCIATING PAIN
TO LIFE LIVED TO THE FULLEST**

First Edition – "Version One better than version none"
Series "Engineering Holistics™"



**Editura Apis
București – 2026**

The Universal Human Maintenance and Repair Toolkit

Introduction

Somehow, much of this knowledge found its way to me even from an early age.

Caution! This page contains lots of names – it can seem uninteresting. It's the projection of old times – personal stuff. I felt like including them, somehow, in this volume.

I want to **express my gratitude** for all these people who meant something to my early spiritual infancy.

It could have been my neighbors, the Gherman family, who were part of MISA, the spiritual organization, and had dozens of student notebooks written with tiny handwriting about all sorts of their 'things'. Maybe it was Mr. Caraba, the intellectual senior - the one who had occupied the neighboring apartment before them.

They could have been the Gobjilă spouses, old-school intellectuals, of whom my mother, who graduated medical university with a grade of 10 and honors and was a 'serial award winner', used to say that "*We only know what they have forgotten!*". He, Leonida, was an engineer with a degree from the Faculty of Electrical Engineering in Timisoara in 1924. She, Ludmila, was a math teacher, she had travelled the world, smoked continuously and died in her sleep at over 70 years old - maybe 73? My mother used to go to her to 'recharge her batteries'. A beautiful friendship accompanied them over the years.

It could have been Mr. Mühlsteffen from the other section of the block. He and Mr. Gobjilă were continuously listening to 'National Radio 3', the only one on a special eastern FM radio waves, because it was stereo! So was Mr. Ludovic Hirsch, the father of my friend Gabi Mitache, a Transylvanian nobleman persecuted by the communist regime, at that time an assistant at the University of Braşov.

If it were at older ages, it would be Mircea Cojocaru, another lifelong friend, with whom we had a lot of common passions and interests. We would stay all night long, listen "Gazebo", look 3D at the two VU-meters of his professional tape recorder and talk about spirituality - as we understood it then!

A special mention for my great-grandfather, Baboi Gheorghe, born in 1903, had 4 grades and was the first to describe to me a clinical/apparent death, a near death experience. I was less than 10 years old and I couldn't suspect him making it up – what he was telling seemed so plausible and real. I developed this topic with Rodica Stănescu, an ICU (resuscitation) doctor at the Brasov Military Hospital; she had a lot of examples of this kind from patients who were 'coming back'.

I am grateful to all of them for the seeds and highlights they planted in me!

Paul Gabor – Iliescu

**FROM EXCRUCIATING PAIN
TO LIFE LIVED TO THE FULLEST**

INTRO INTO "THE **7 DIRECTIONS
OF HEALTH, HEALING AND ABUNDANCE
AND THE OMNILAYERS OF LIFE™"**

Collection "Engineering Holistics™"

Editura Apis
Bucharest – 2026

Copyright

Title of the book: From Excruciating Pain To Life Lived To The Fullest

Subtitle: Intro into "The 7 Directions of Health, Healing, and Abundance™"

Subtitle 2: The Universal Human Maintenance and Repair Toolkit – Holistics seen by an engineer

Series: Engineering Holistics

Author: Paul Gabor - Iliescu

© 2015 - 2026, Paul Gabor - Iliescu

Publisher: Editura Apis. e-book version

Location: Bucharest – Romania

Email: 7DIRECTI@GMAIL.COM

Web: 7direct.org

ISBN (volume): 978-630-95270-6-6

ISBN (series): 978-630-95270-2-8

ALL RIGHTS RESERVED. This book contains material protected under International, European Union, and Federal copyright laws and treaties. Any unauthorized reprinting or use of this material is prohibited.

No part of this book may be reproduced or transmitted in any way, form, or by any electronic or mechanical means, including photocopying, recording, or through any system for storing and retrieving information, without the express written permission of the author or publisher.

The illustrations of this volume were made in a hybrid creative process, using the Gemini **3 Flash Image (Google) artificial intelligence model**, under the author's guidance, to recreate the atmosphere of the classic nineteenth-century engravings and of more modern technical illustrations.

All images and modified artworks are the property of the author. © **Paul Gabor - Iliescu 2026. All rights reserved.**

TECHNICAL PRODUCTION

This work was developed and produced using the following applications:

- Mind Mapping & Structure: xMind
- Graphic Design & Image Editing: GIMP, Inkscape
- Manuscript & Layout: Microsoft Office
- **AI Collaboration:** Google Gemini, ChatGPT and Copilot

All the characters in this book are real and have consented to the use of their names or received a random name.

Table of Contents

For fellow therapists	3
Intro – a story about this story	4
D1. Nutrition.	9
D2. Body pampering	14
D3. The energy of the Being.	18
D4. Communication. Programs, programming and manipulation.	22
D5. Who am I. Emotions.	28
D6. The environment. Space. Entourage.	34
D7. Integration. The Highest and the deepest Spirituality.	37
The 15 Ubiquitous Layers – The OmniLayers	41
 APPENDICES	 44
 List of Foods to be Avoided	 45
The "DO NOT" list	45
Chakras – system and roles	48
Life Activation	49
What's next	52
The SPIRITUAL TRAINING™ – ancient knowledge practically applied to the present tasks	53
Project supported by Marketing Extrem® (srl)	54
Project supported by Tehron Machines®	55
MMS classes taught by Paul Gabor Iliescu:	57

"Nothing is what it seems, and nothing ends where it is seen!"

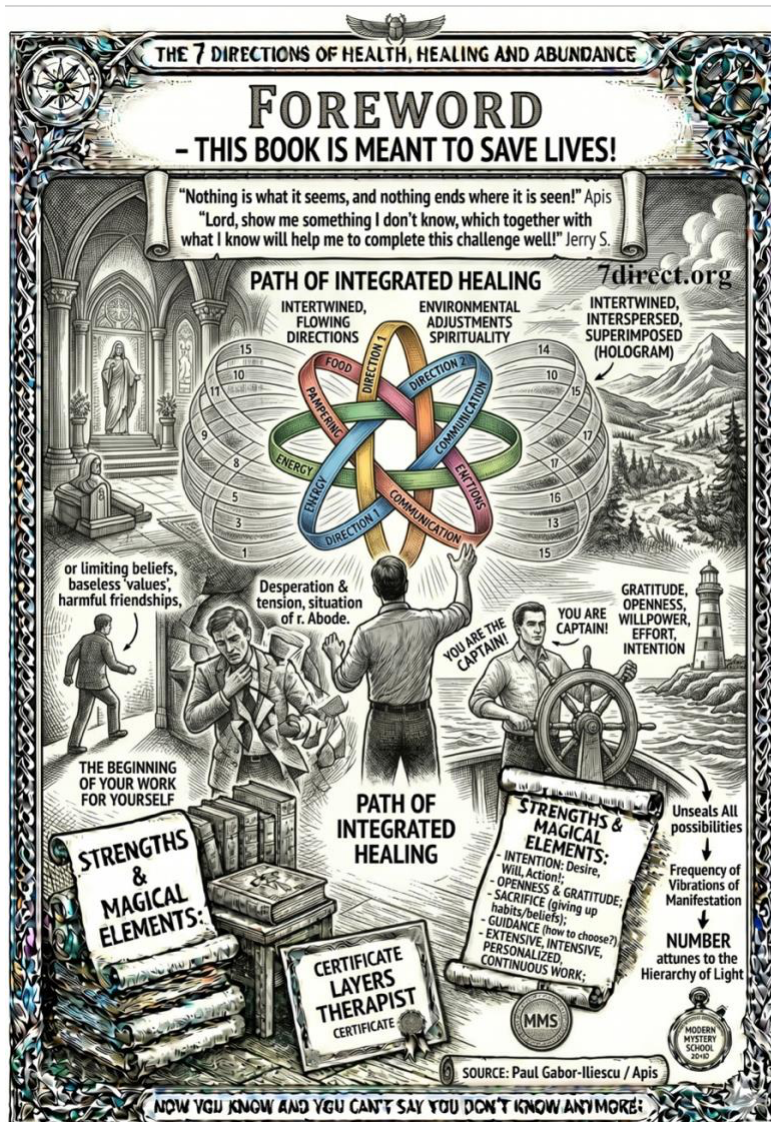
Apis

"Lord, show me something I don't know, which together with what I know will take me to the successfully completion of this challenge!"

Jerry S.

This sharing is meant to save lives!

It is my story of healing from a diagnosis that stunned me: femoral head necrosis – bilateral! I was not even 40 years old and my life was SPORT!



I feel I have to keep repeating that I am trained as a therapist and I **do not have any medical degree**. This book does not replace visits to medical doctors in their specialties for a correct diagnosis and consultation regarding the necessary measures for healing tag. This book does not promise anything, it is just a torch that brings to the light and consciousness of the reader that he / she is the first to action related to his / hers own life, be it Health, Healing or Abundance.

I wrote this book because, in the despair and tension of that time, I would have truly benefited from such a work—with its structure, content, keys, and pathways! This is my journey from fear, desperation and confusion to balance and life, the story of how I managed to pull myself out of a genuine "sh..tty" situation I woke up in and live my life to the fullest, even opening paths I didn't even know existed at that time!

I wrote this book so that you and others in need, or, perhaps, just out of curiosity, may have access to what would have helped me back then! For you to find out or remember how many directions you can look in when you think there is nothing left.

I wrote this book as an expression of gratitude for those who were by my side, supported me, encouraged me, and helped me come out "on top" from a situation that seemed desperate due to its imminence and uncertainty!

May it be of use to you!

The 7 Directions of Health, Healing, and Abundance – to access any of these the same elements are to be followed, and the same things and ordinances are to be done.

The 7 Directions of Health, Healing, and Abundance

- Direction 1 - Nourishing
- Direction 2 - Pampering of the Body
- Direction 3 - Energy of Being
- Direction 4 - Communication
- Direction 5 - Who am I. Emotions.
- Direction 6 - Environmental Adjustments - Spaces and People
- Direction 7 - Integration – The Highest and the Deepest Spirituality

These 7 Directions of Health, Healing, and Abundance are intertwined, interspersed, superimposed on each other, somewhat similar to a hologram. They are distinct and do not end with a precise outline. On top of these, also distinct layers, but working together, are the 15 'OmniLayers' with universal presence.

This book is intended to motivate you to move forward on the path you might be unlikely to know by now, of your growth, progress and healing!

What are you willing to do for it? So that you may be well. What sacrifices – in the sense of giving up some habit, belief, limiting beliefs, baseless 'values', harmful friendships / relationships / affiliations, damaging vows – are you ready to make? No limits or intermediaries. Just you with yourself. Immediately, right now!

And it's up to you – you don't necessarily depend on others to do 'stuff' in your place. That's at the dentist or surgeon, at the resuscitation / intensive care or at the morgue. Exceptions are childhood

and deep senescence. Otherwise - you are the captain! Yes, for things you don't know or cannot do – guidance and help are welcome. But from whom? How do you choose? Do you have logical criteria? Do you feel and rely on intuition? Both?

I learned that "I'm not wrong" – that my state at some point is not a condemnation, but a bit in the cycle of evolution, growth and progression! It's like the GPS navigator – you're where you are and you want to go where you want to go. It's just a starting point you should be aware of. It's not 'right' or 'wrong', it just is!

The beginning of your work for yourself is also the beginning of a long and beautiful journey on the path of personal growth and progress, of seeking and discovering, of building up what you truly are! For me it was a long and beautiful Journey, in progress – it never stops! One of the greatest gains are the people on the Path that I met.

The things I mentioned in this book are not ready-made pills to be taken from pharmacies or online stores. If you have a calling or are forced to work and use them, you need openness, willpower, effort, an intention and work on your part. Extensive, intensive, 'personalized', continuous, conscious, dedicated, meaningful and purposeful work. This effort is often called by some "sacrifice". Meaning you bring an offering... to yourself. Exactly — you do something for your own well-being, directly and immediately! Yes, you might need guidance. I am thankful for the guidance offered by my Masters at all times!

For fellow therapists of all kinds: this book – the first in the series – this very booklet – includes its story and chapter introductions – is also intended for you, with love, and for your benefit, that of your clients and their families and colleagues!

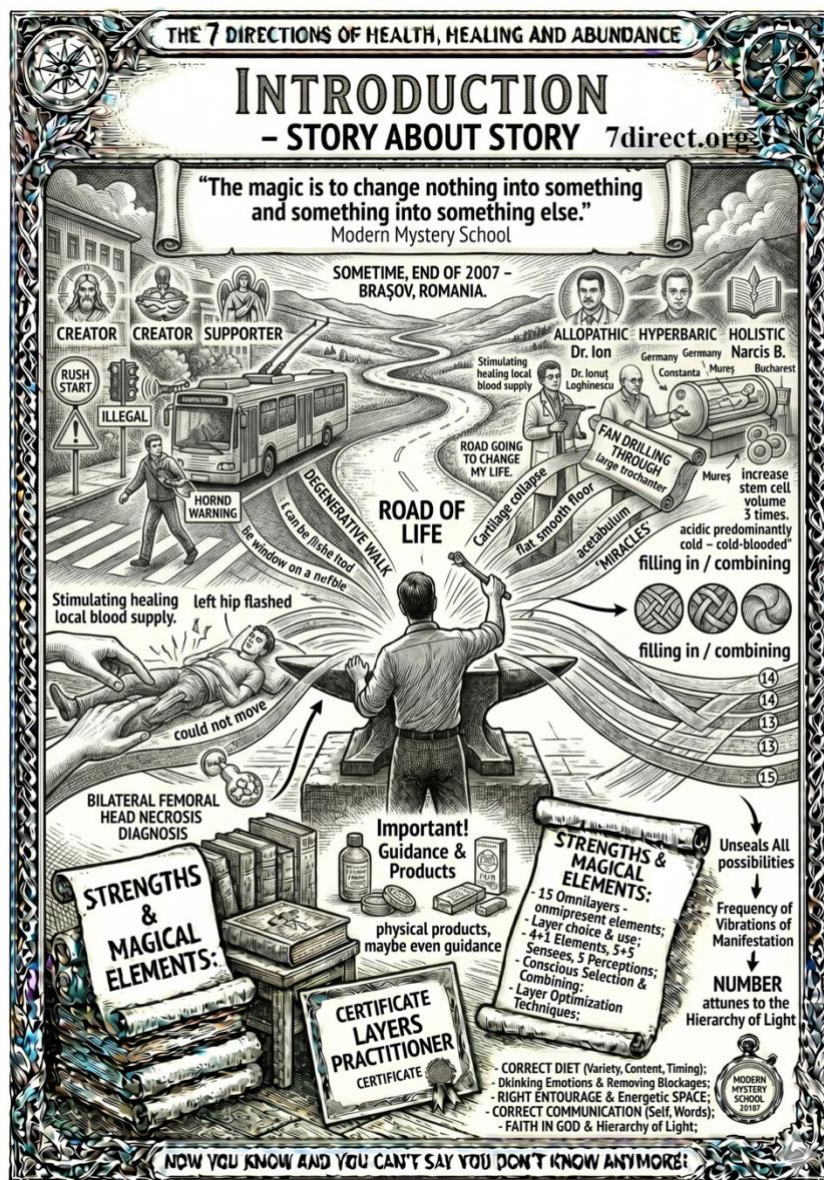
*"Freedom begins where ignorance ends."
Victor Hugo - Actes et Paroles*

Intro – a story about this story

Once upon a time, late 2007 – Braşov, Romania

"Magic is to change nothing into something and something into something else."

Modern Mystery School



I'm in the middle of the road. Literally and figuratively.

Right now I am crossing the street illegally and a trolleybus is approaching, so I initiate, as usual, a 'full throttle' start!

Or... that's what I intended.

What came out is very different: my left hip 'struck' me lightning and what I felt was that I could not move, and that the trolleybus that was approaching at its normal speed was going to hit me. Somehow I gathered and stepped aside in time, under the driver's horned warning. It was the first sign for what doctors were going to later diagnose as 'bilateral femoral head necrosis'. In other words, the head of my femur was decaying while I was still alive. I was also told the usual course for this condition. Nothing sunny.

I must specify that by using the techniques I know, and some of them I teach now, I avoided the 'usual' path of this apparently one-way, degenerative condition. It can be reversed and even healed. Like many others.

I try to relay, for information purposes, what I understood from the doctors. I do this to help others in my former situations — or similar ones — to give themselves permission to improve or even heal a situation that challenges them—themselves or someone close.

The mechanics are as follows – so far I understood it as an genuine engineer, in love with therapies: if you put a piece of glass on a soft pillow and press on it, even lightly, it will break. If the same glass is placed on a hard surface and, for the sake of the example, an extremely flat one, such as a well-leveled and perfectly smooth floor, you could even drive a car over it, and the glass would remain intact. That's because the hard, brittle glass is supported by what's beneath it. In the first case, the pillow does not sufficiently support even the pressure of a child's hand, and the glass will break, and in the second case, the glass placed on the hard, smooth and flat floor will support a very high weight without breaking, especially under the pressure of relatively soft tires.

The cartilage, the enamel of the bone head—in my case, the femur—behaves similarly with its support element, which is the interior of the bone. Furthermore, when the bone itself does not support the cartilage, it will eventually collapse like a struck eggshell, with rather sharp polygonal edges that will, over time, harm the acetabulum—the fixed part of the hip joint, located in the hipbone. Irritated by the aggression of the femur head with a collapsed/"chipped" part, the acetabulum cartilage will react, first through inflammation, then by attempting to repair the wound of the injured are using an excess of material. This will alter the functional parameters of the joint, leading to what is generally called **coxarthrosis**—a limitation, then a possible locking of the joint.

Allopathic medicine recommends, as a final solution, "*capturing the optimal moment for prosthetic replacement*". As for procedures that can delay this moment, eighteen years ago, they spoke of certain techniques—some already in practice, others merely ideas and projects.

At that time, I was a neighbor and friend of Dr. Ionuț Loghinescu, said to be the best knee surgeon in the country, who operated alongside Dr. Balint, considered the best for hips, including coxal prosthetic. He told me about fan-shaped drilling performed through a single-entry point through the greater trochanter. These drillings aim to stimulate healing and improve local blood supply.

A former colleague of my wife at the time, surgeon in an institute in Belgium, added the idea of filling the drillings with stem cells—research was just being done in this regard. I asked Ionuț if this

could be done, and he said it was possible—stem cells are extracted from the iliac crests, centrifuged, and the result can be "injected" into those drillings, stimulating healthy bone regeneration.

I asked if he could do such a thing and he said yes, but he did not have the necessary equipment...

Somehow, I found out about Dr. Ion, who, at that time, had two hyperbaric oxygen therapy centers, in Bielefeld, Germany, and Constanța. Now I understand that he also has centers in Mureș and, it seems, Bucharest. I spoke with him and he told me that following the oxygen therapy sessions one of the effects is the increase in the volume of circulating stem cells in the body of about three times.

The decision was immediate and I agreed with Dr. Ionuț Loghinescu that the best thing I could do at that time was fan drilling followed by hyperbaric oxygen therapy sessions.

Ionuț performed my drilling bilaterally and the next day I was on my way to Dr. Ion, at his hyperbaric center in Constanta.

[...]

On the way to Constanta, I felt that I wasn't going there just for hyperbaric chambre. And, indeed, that journey was going to change my life!

[...]

I asked all the doctors WHY are am I in this situation, with this diagnosis? The doctors couldn't give me a coherent cause. Those who could were those dealing with "complementary," holistic medicine. Starting with Narcis, who was in the enthusiasm of the beginnings and was open to share, and, on the other hand, he has a vast, encyclopedic structure, which made him able to make connections between fields and specialties, also having access to specialists in each.

Speaking, after years of silence, with my friend Narcis B., I heard from him: **"Well, you have cold blood!"**.

And from there, the Magic continued!

[...]

Continuing my introduction story...

I responded to Narcis: "I've measured my temperature and it's exactly what it should be!". He replied that he wasn't referring to Celsius, but to the predominant character between Yin and Yang, to the energy of the body from this perspective - my body was acidic, thus predominantly Yin, in other words 'cold'. The man spoke well - in theory I knew this, but, clearly, I ignored this aspect, as well as many others. In MMS we say that fool is the one holding knowledge and not applying.

And so, I remembered the concrete, real importance of essential things I knew but did not cultivate, empower or apply in daily life and that are very important in the proper functioning of the body.

[...]

These include the correct nutrition in terms of variety, content, frequency / number and timing of meals (frequency), intake of elements necessary for metabolism, character and energy intake - in calories but also the energy of food from the Yin-Yang perspective and acid-basic balance.

And I continue **the list of what** we know or could know and **it is important to us**: drinking sufficient water, especially warm water, balancing the chakras and keeping the energy in motion, movement (sports) and 'touch', managing emotions and removing emotional blockages, choosing and cultivating the right entourage and energetic space, communicating correctly, first of all with oneself - words, their semantics and energy - from thoughts and words, faith in the Creator God and the Hierarchy of Light (angelic structures - archangels, angels, saints, ascended masters, a.s.o.).

Each of these directions is a science and a craft in itself - the approach is made with a skilled, qualified and authorized guide, best to be certified by a master or qualified forum. Sometimes references can compensate or substitute for these authorizations - I recommend caution!! If you have any questions - I'm happy to answer them - write to me.

[...]

The structure of this book was given to me by Suria, our youngest, in 2015 - 2016. After Roxana breastfed, it was my turn - I would also 'rock the baby' to eliminate the gas and sleep. In those many, long and beautiful nights I received the structure of the book "The 7 Directions", which became "The 7 Directions of Health, Healing and Abundance" - the book meant to save lives - both in the pure sense and in the sense of prolonging and improving life.

Since then I have been working, researching and studying - the book is now in the third format. I want the book to be as good as it can, but this brought delays. So I decided to put together the chapters intros in this very place, to give people a working structure of 'The 7 Directions'.

Roxana, my beautiful Lady, was also an accomplice and part of this genesis - thank you!

[...]

Following and applying any of these 7 Directions can put things back on a favorable track. Following two or more Directions - under the guidance of an informed and authorized person - can trigger magic whose effects take shape under the name of 'miracles' or 'wonders'.

For me a special element in all this losing being balance and restoring it is the belonging to **egregors** – I paid very expensive my ignorance regarding that!

Be aware of the power of egregors! Egregor is equivalent of the collective consciousness of a group: can be 2 or more people accidentally sharing the same space or discussion Can be egregors of a family, party, political party, pop star fans, people in a company, school, neighborhood, city, country, men, women, married men, married women, divorced men, divorced women or total humans on this planet. Some egregors are temporary, some are permanent.

When you get into one you will contribute, and – caution! – you will be influenced by it! The power of an egregor is huge! Some see it from a different perspective and call it 'pendulum'.

An egregor can be destroyed only from inside – that's why most of the turning points in the history of humanity are given by betrayal and treachery.

At any moment you are part of many egregores – see above: someone's children, someone's parents, mothers/fathers, people on this plane a.s.o.

===

ATTENTION! Nothing in the content of this paper suggests or urges the neglect of consulting a specialist! Furthermore - if you do something mentioned in this paper - or outside of it, but that is not recommended by any specialist, it is good to tell the specialist / doctor what you do - could influence the recommended approach or treatment!

I wish this work to be useful to you!

Maybe you knew this, maybe you didn't – "Now you know, and you can no longer say you don't!

If you have any questions, please feel free to contact me - you can find my coordinates in this book or on the internet - Paul Gabor Iliescu - Apis.

Note regarding results: in less than a year, the necrosis dropped from Grade 4 to Grade 2 for the left hip and Grade 1 for the right. My last MRI from 2014 was thrown away in 2020, still sealed—those papers no longer changed my reality. Whatever the results I was ready to do my best for improvement or even cure.

Other consequences are the following: I found out or deepened everything that is in this book and in the other books that I have made and in what I have not published in any way. The result is my spiritual growth and evolution and not only, and now, behold, I give back what I have received – by doing TV shows, books, healings, classes, activations and initiations I offer as certified by MMS. The result is that I am now, starting from my own challenge, initiated or accredited in ReiKi, Prananadi, the Silva Method, The Journey, nutrition, MMS and others. Over 7 years, I made and presented the show "Together for Nature" on Canal 33 Romania, showing viewers that things are a little more than they seem and that there are wonderful people who are not necessarily in the spotlight. By evolving, I have grown a lot, I have overcome many of my fears, limits and beliefs and for all those I am grateful to my teachers and masters, to my children and my lady, Roxana Ioana MAI.

And, since 2018, I am also part of the "Modern Mystery School – Advanced Spiritual Training, Knowledge in the Tradition of King Solomon" as a Ritual Master. I am a therapist, teacher and guide in this school, an organization with members all over the world and which aims to offer growth and progression for as many people as possible and to build a world based on honesty, the Hermetic Laws and the perfection of evolution, not an arbitrarily and individually random defined state.

The message of this book is that anything is possible, so... DON'T STOP!

KEEP GOING!!

Important!

Those contained in this book are not remedies to be bought from pharmacies or any store and administered by prescription. The ones in the book are an exhortation for you to consciously, actively and continuously contribute to your own Health, Healing and Abundance!

When turning to a therapist in either direction, make sure that they are qualified and authorized / certified by a master or authorized entity and recognized for it. Sometimes references can compensate or substitute these authorizations - I recommend caution!! Find out more about them and the therapy itself!

ATTENTION! Nothing in the content of this paper suggests or urges the neglect of consulting the specialist in his field! Furthermore – if you do something that is mentioned in this paper – or outside of it, to it is a good idea to share with the person consulting what you are doing – it could influence the approach or recommended treatment / measures!

Appendices

Life Activation



It's very special for me speaking about the "Life Activation" modality both as 'client' and as Life Activation Practitioner!

The similarity between **Business and Spirituality** is profound is that... there is no difference between them! They're the same! The same laws, rules operate and the same patterns and types of behavior, actions are manifested. The results are in different planes, but somehow similar.

From the outside we all look the same!

The differences that we notice but don't really know where they come from are the internal ones, the ones that make things move, that people have different reactions, attitudes and approaches in the same situations. With different effects. With different effort. With different impact on the person, those around them and the environment in which they live.

I used to think that our Qualities were native. That's how it is, only that some are latent and others are there, somewhere, hidden under beliefs and programs: values, principles, 'character'. They all belong to the society, the church, the parents, the neighbors, the entourage, the school. The former must be (re)activated, and the latter brought to light by removing all the mess that covers them and revealing your true '*Who Am I!*'

I have learned that most of the successful people, celebrities and real world changers are beneficiaries or practitioners of such techniques!

Invaluable tools for freeing ourselves from totally toxic, limiting and destructive beliefs that hold us in place and alter our 'optics' are methods such as the '**Journey**' and the procedure called '**Life Activation**'.

'**Life Activation**' is a ceremonial, a sequence of rituals and procedures that are the essence of more than 25 years of research by the many healers gathered by **King Salomon** at his court.

'**Life Activation**' has proven its effectiveness and power over more than **3000 years** of practice, during which time it has been transmitted by initiation.

Life Activation represents a beginning, an opening step, of a broad and continuous work of life. LA is a trailblazer!

'**Life Activation**' can be performed by practitioners after several preparatory initiations for this purpose; it is a one-to-one process. It is a 'G2G process'.

'**Life Activation**' **removes** blockages, stasis and energetic imbalances of many kinds, **balances** energetic aspects of the being and **activates** keys of the being that are rarely activated by themselves or by other means. The icing on the cake is a 'reading' that the practitioner does, with a remarkable degree of accuracy, depth and relevance to the client.

All this can change the course of the life of the one who is the beneficiary of the technique. Also, this set of changes, balances and activations can have remarkable beneficial effects on the being as a whole, by potentiating some latent resources. Also, improvements in the general condition at the physical level can be observed, mirrored in the health condition.

On the spiritual level, however... here the effect is even more spectacular.

Those who have gone through this activation say they have noticed a much better connection with themselves and life, that perceptions have changed and perceptiveness has improved remarkably.

Working with couples is absolutely spectacular, both for the client and the LA practitioner. After completing the LA procedure, some of the clients shared that up to 4 of the readings (we encountered) were somehow similar or identical. Others report profound experiences in the subtle. By '**couples**': we mean people somehow related to each other: couples (in the sense of family), parent - child, siblings. Any energy thing in two or in a group is always stronger and deeper, and **Life Activation** confirms this

Life purpose and direction of actions became evident and much clearer after '**Life Activation**'.

MMS instructors, those who have multiple perspectives of '**Life Activation**' (client, practitioner, instructor), some of them doctors or scientists, say that the procedure helps us remember who we really are, brings clarity, intuition, unlocks potential and increases the use of the brain and extends consciousness with profound implications down to the DNA level. It produces an inner change and connects us with our own self, with our true purpose in this existence. It brings an improvement in vitality, in the sense of increasing it.

As for me, although slightly confused immediately after receiving '**Life Activation**', life has entered a new lane, clearer, more efficient, faster and with a wider and deeper understanding of all that is. It doesn't mean that it's easier for me, but I just feel 'on another level'. The level of challenges has also changed. Like that of the results.

My so-called extrasensory senses have increased a lot, and my intuition is much clearer and more 'obvious'. The so-called 'synchronicities' or 'coincidences' are almost permanent, and in

feeling 'things' around it is usual for me. Now one of my areas of focus is to accept and believe what I feel and to understand and believe the messages I perceive. To not doubt them and act accordingly.

I chose to take this step in becoming a practitioner and being authorized to do these activations myself because I strongly believe that We must be as many 'activated' as possible for the stage / times ahead, both for the personal benefit and the people of these lands and of this language.

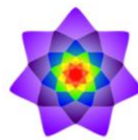
What's next

The book – way more technical and more complete, titled "The 7 Directions of Health, Healing and Abundance". Book will be ready and launched latest September 2026.

The book you are reading right now is based on the chapter intros of the main, technical one, with many supplemental content. This is my story – meant to open and prepare people for the real work, giving keys, hints and insights of my journey to stay alive and alive.

CAN LIFESTYLE SAVE MY LIFE?

HUMANS - THE UNIVERSAL MAINTENANCE & REPAIR TOOLSET



PAUL GABOR – ILIESCU

THE 7 DIRECTIONS OF HEALTH, HEALING AND ABUNDANCE AND THE OMNILAYERS OF LIFE

**HOLISTICS
SEEN BY AN
ENGINEER**

EDITURA APIS
BUCHAREST – 2026

POSTERS!

Posters are ready, English and Romanian, , available on Gumroad and [PAYHIP.COM](https://payhip.com) with the following complete structure – 2026 version:

- **Detailed Structure of the 7 Directions** of Health, Healing and Abundance
- **Detailed Structure of the 15 OmniLayers**
- **Structure of the Human Chakra System**

The SPIRITUAL TRAINING™ – ancient knowledge practically applied to the present tasks



Hermetic Teachings of "Modern Mystery School" – Advanced Spiritual Training, knowledge in the tradition of King Salomon: healings / activations, classes, initiations.

'The Spiritual Training™' is a feature, a direction of "Marketing Extrem® srl", which refers to the practical application of spiritual, timeless, ancient tools in the contemporary present, through application in projects, therapies, activations with an effect in GROWTH AND PROGRESS.

The result is spectacular, especially by increasing clarity, discernment, integrity and awareness of the effects of communication and actions in business activity, in life and in general.

'The Spiritual Training' is based on the consideration and application of spiritual, practical, immutable dimensions in activity of any kind: business, family, politics, etc.

And, even more practically, non-exclusively and unlimitedly, the application of the extremely practical methods and modalities of the 'Modern Mystery School'.

We offer the following tools in any field of your activity, with our support and guidance:

- "The 9 Stars of Success™" - a technique of knowledge, self-knowledge and high-performance calibration of work, personal or any other relationship;
- "The FishEye Method®" - a method of calibrating, evaluating and clarifying the essence of a product, project or business;
- "The Journey" method - a deep and highly effective emotional therapy for removing emotional blockages and all their effects: depression, fears, limiting beliefs and the like;
- courses, modalities, therapies / activations and initiations within Modern Mystery School: Life Activation, Ensofic Reiki, Empower Thyself - course and initiation, Sacred Geometry, Spiritual Intuition, Stress Rescue etc;

For any questions, clarifications, discussions or presentations please contact us: +4.0771.111.889 or thespiritualtraining.eu; social media: thespiritualtraining

Project supported by Marketing Extrem® (srl)



Marketing Extrem® - 'Extreme Marketing' is an extension of guerilla marketing and represents an approach of marketing and sales process based on human nature, a basic approach often forgotten in real life.

The outcome of this can be then used as (part of) the input data for the modern, now-a-days techniques: social media, AI, others.

===

Create and grow your unique product, project or strategy today!

So you have a great idea!

How do you structure it in order to make it successful? Is it painful to struggle with perfection? But with reasonable? What about possible, affordable or marketable?

We are your trusted partners in this direction!

- Project, Product and Service Creation – Fisheye Analysis Method®
- Project, Product and Service Development – Fisheye Analysis Method®
- Translations - written & spoken / interpretations
- Raise Your Team to the Next Level With the '9 Stars of Success™'
- People Get Just What You Communicate!
- Do IT Holistic and Integrative!
- Alive Visit Card / Alive Resumé
- Classes and MMS modalities
- TV Show Hosting
- MC – events hosting
- Specialized consultancy on general, social, political communication a.s.o.

- More of what we can offer? Many of you may need – ask!

Project supported by Tehron Machines®



– Professional machinery for all that has roots –

Professional machinery, implements and equipment for tree nurseries and, lawn farms, landscaping, municipal works, forestry. Consulting, service, consumables, accessories and spare parts. Financing solutions. After-sales support.

Market leader for 5 machinery categories.

tehronmachines.ro | gp1.ro | +4.0730188888 | tehron.machines@gmail.com

MMS classes taught by Paul Gabor Iliescu:

- Empower Thyself – Class & MMS Initiation
- Sacred Geometry
- Astral Travel
- 7 Mystery Schools
- Stress Relief
- Spiritual Intuition
- Sanctuary Meditation
- Awaken Thyself (Awaken Thyself)

Therapies, activations and procedures (the list is much more comprehensive)

- Life Activation
- Full Spirit Activation
- Crystallotherapy
- Aura Healing
- Soul Retrieval
- Spark of Life - remote therapy
- Shamanic Aura Healing & Emotional cord cutting - RM2
- "Ensofic Ray Reiki™" Healing Modality
- * Crystal Gridding SG2

The 7 Directions of Health, Healing, and Abundance™ is a practical and holistic framework that guides readers toward a timeline abundant in Health, Healing and Abundance. Each Direction opens a path of understanding—physical, emotional, mental, relational, energetic, environmental and spiritual — showing how these dimensions work together to create Health, Healing and Abundance.

Clear, accessible, and deeply transformative, this series helps readers activate their inner healing potential and build a joyful, abundant life aligned with meaning, vitality, and flow.

Paul is the entrepreneur who understood the importance of self-discovery and evolution, so he studied and/or was initiated into Transactional Analysis, Conscious Communication Healing, the Silva Method, Reiki, PranaNadi, Yumeiho, Feng Shui, The Journey Method, and RM3 in the Modern Mystery School (MMS). He is a Nutritionist Technician, Personal Development Counselor, "The Journey" practitioner and other energy therapies and healer, teacher and guide in the 'Modern Mystery School' – King's Salomon Lineage.



"I'm Paul Gabor – Iliescu and I show people the light where they don't see it (anymore), and, through growth and progression, knowledge and practice, I help them to be the best versions of themselves!"

"Now it's obvious to me, I'm the one who really caused that disease, through nutrition, harmful movements and ignored postural deviations, tolerating energy blockages and dysfunctions, careless words and thoughts, abandoned emotional blockages, indifference to the work and living environment, entourage, attitudes and actions or inactions and detaching from God. So I am the first to be able to 'undo' this state, restoring the natural and flawless state of health. With guidance and help, which I received in full!"

„This work reflects how I used my excruciating pain and paralyzing confusion as a guide for healing and a motivation for learning and doing—and how these led me to walk the path of growth and progression towards being truly alive in my own life. The purpose of this book is to be an instrument allowing you to grant yourself the permission to access your Health, Healing and Abundance and to the realization that any 'problem' has at least three types of solutions, and you are the main piece in any of them!"

